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## **Managing People through Change**

Change is always with us but sometimes it seems to knock people off balance.

This highly participative course examines why this is so and gives delegates the opportunity to devise effective approaches to use with others who are going through radical change.

### **Course Objectives**

To enable delegates to understand why individuals react to change

The ability to forecast behaviours and discomforts

Methods of adopting appropriate behaviours when identifying problems with change

### **Course Content**

Change and its effect

Assessing our influence on the change process

The motivation for change

How people change and grow

Identifying styles to help others through change

Gaining support from others

Identifying what people really think

Learning the process for dealing with change

Changing the way things are done

Various Exercises